

SUNDAY SCHOOL WORKSHEET FOR **NOVEMBER 2024**

1st Sunday, Nov. 3rd – “JONAH REPENTS” – Jonah 2:1-10

LESSON AIM: to help us understand what repentance really is; to show us that God will protect us even as He is discipling us

MONDAY – OCTOBER 28TH

JONAH 2:1-10 LEARN JAMES 4:4

1. In chapter 1 verse 17 we learn that the LORD prepared/appointed a great fish to swallow Jonah when he had been thrown overboard. What do you believe to be the purpose of the LORD preparing the fish to swallow Jonah (consider the context when you answer)?

2. Where is Jonah when he prays to the LORD?

3. Why, according to verse 2, is Jonah crying out to the LORD at this point?

4. How does the LORD respond when Jonah cries out?

5. How does Jonah describe where he is crying out from?

6. Look at chapter 1 and verse 15, then look at chapter 2 verse 3; who was it that threw Jonah into the sea?

7. To whom does Jonah attribute ownership of the billows and the waves?

8. What does Jonah say was wrapped around his head?

9. What does Jonah mean that he ‘went down to the bottom of the mountain’?

10. What does the phrase in verse 6 ‘the earth with her bars was about me forever’ mean?

11. From what point does Jonah say the LORD has brought up his life from?

12. When does Jonah ‘remember’ the LORD?

13. Explain verse 8.

14. What, according to verse 9, does Jonah anticipate doing once delivered?

15. How does Jonah get out of the fish’s belly?

TUESDAY – OCTOBER 29TH

PSALM 6:1-10 (this Psalm should be understood in the context of the writer being conscious of sin in his life) LEARN JAMES 4:4

1. Explain what the Psalmist ask God *not* to do in verse 1.

2. Why do you believe the Psalmist would have to ask God not to does these things (your answer to #1)?

3. What exactly is the Psalmist asking for when he asks God to 'have mercy'?

4. Explain how the Psalmist describes his condition in verses 2 & 3.

5. Why do you believe the Psalmist asks the LORD to 'return' in verse 4?

6. Why would the Psalmist appeal to God to deliver him 'for thy (God's) mercies' sake'?

7. What does verse 5 tell us about the Psalmist's view of death?

8. What does the Psalmist say he is tired/weary of?

9. How does the Psalmist describe his crying and what it has done to him?

10. Why do you believe the Psalmist goes from despair (verses 1-7) to confidence (verses 8-10)... (the answer is in verses 8-10)?

WEDNESDAY – OCTOBER 30TH

PSALM 32:1-11 LEARN JAMES 4:4

1. *Explain* who the writer says is blessed (how happy) in verse 1.

2. *Explain* who the writer says is blessed in verse 2.

3. How does the Psalmist describe his condition when he kept silent (did not confess and repent of his sin)?

4. What happened when the Psalmist decided to acknowledge his sin and confess his transgressions?

5. When, according to verse 6, should the godly pray (confess & repent)?

6. What, according to verses 6 & 7 are benefits of confession, repentance, and forgiveness?

7. Who does the Psalmist warn us not to be like when we receive instruction and advice?

8. Why do you believe he tells us not to be like them (your answer to #7)?

9. What does the writer say happens to the wicked?

10. What happens to those who trust in the LORD?

11. Sum up the final instructions the Psalmist give the righteous.

THURSDAY – OCTOBER 31ST

PSALM 38:1-22 LEARN JAMES 4:4

1. What does David ask the LORD *not* to do in verse 1?

2. What, according to verse 3, does David say is a result of the LORD's anger?

3. What, according to verse 3, does David say is a result of his own sin?

4. What state is David in, according to verse 4, because of his sin?

5. What are some physical effects David is experiencing because of his sin/foolishness?

6. How does David describe the reaction of his family and friends to what is going on with him?

7. How does he say his enemies are responding to him?

8. Although family, friends, and enemies were responding to David adversely, what is David's anticipated response from the LORD according to verse 15?

9. What does it mean in verse 17 'for I am ready to halt'?

10. What is continuously before/with David?

11. How does David, according to verse 18, say he will deal with his sin and iniquity?

12. What three things do David ask the LORD to do for him in verses 21 & 22?

FRIDAY - NOVEMBER 1ST

PSALM 51:1-19 LEARN JAMES 4:4

1. What two things does the Psalmist ask God to do in verse 1?

2. How, according to verse 1, does the Psalmist want the LORD to do this?

3. Why do you believe the Psalmist asks God to **wash** him from his iniquities and **cleanse** him from his sin?

4. What does it mean to 'acknowledge' transgression?

5. What was always in David's mind/consciousness/before him?

6. Although David had committed adultery with Bathsheba and had Uriah killed, who is the One he says he has sinned against?

7. How does David describe his beginnings?

8. Why do you believe David issues the fervent plea in verse 7 to be purged and cleansed?

9. Explain David's requests to the LORD in verse 9.

10. What are David's earnest desires from the Lord in verses 10-12?

11. What are some things David promises to do when he has experienced God's forgiveness?

12. David realizes God doesn't want ceremonialism (sacrifices and burnt offerings), what does he say God really delights in?

13. What does it mean to repent?
